

FEATURED

THURSDAY JUNE 1ST, 2017

WORKSHOPS

CREATING HEALTHY ORGANIZATIONS:

SCIENCE AND PRACTICE OF PRODUCTIVITY AND WELL-BEING

» CONFERENCE

JUNE 1-3, 2017 • IRVINE, CALIFORNIA

1:30 PM – 3:00 PM

AVALON 1

WORKSHOP: Mindfulness, Presence, and Healthy Organizations

Building on action research about moments when people notice they are more “awake” and present, this workshop will enrich participant understanding of mindfulness at work. We share two examples: one where a Vice President is nourishing mindfulness and joy in her organization and the second where graduate students examine their own moment-to-moment practice. This session will explore simple processes used in action research and support all participants in reflecting on how they can do something similar in their own workplace.

The intended audience is anyone interested in beginning or deepening a practice of mindfulness in the context of work, as well as leaders and consultants who wish to create a healthier culture.



Dr. Kathryn Goldman Schuyler is a sociologist and Professor of Organization Development at Alliant International University. Her research focuses on organizational health and sustainability, leadership development, and mindfulness. She consulted with major corporations as well as not-for-profits, supporting leadership teams on strategic change, culture change, and team development. Among her publications are three books plus many book chapters and articles. She was the thought leader and main editor for the International Leadership Association's new book, *Creative Social Change: Leadership for a Healthy World* (Emerald, 2016).



Dr. Michelle Taylor is Vice President of Student Affairs at Utah Valley University, with over 500 employees in her division. During her eighteen years in higher education with a specialty in social work administration and policy, she has helped the institution to navigate several major transitions. Throughout her career, Dr. Taylor has been a trusted friend and advocate of students, focusing on students with diverse backgrounds and learning disabilities. She has co-written and secured grants for a wide range of program initiatives, serves on numerous boards and committees, and presents at multiple national and international conferences annually.



Dr. Cheryl Getz is Associate Professor and Director of the Leadership Minor in the Department of Leadership Studies at the University of San Diego. Her areas of expertise include the use of mindfulness and other nontraditional pedagogies to teach leadership, as well as the application of case-in-point pedagogy and adaptive leadership to higher education administration and Student Affairs. She teaches through problem-based learning, in the moment action inquiry, and other experiential methods to encourage integration of ongoing action and introspection to encourage meaning-making and develop leadership capacity.

1:30 PM – 3:00 PM

AVALON 3

WORKSHOP: Psychopathology of Leadership: Engaging Employees through Transformational Leadership, while Avoiding Personality Derailers.

Stephen Robbins and Timothy Judge defined leadership as “the ability to influence a group toward the achievement of a vision or set of goals.” Through the lens of employee engagement, participants will examine the leader as transformational leader and explore how leaders often derail themselves and their organizations through toxic self-sabotaging behaviors.

By understanding the motivations of transformational leaders, the specific functions of organizational leaders, and the resulting impact on organizational effectiveness, participants will develop the following HR competencies:

- Interpersonal Competencies—Relationship Management, Communication
- Leadership Competencies—Leadership & Navigation
- Business Competencies—Consultation



Dr. Andrew Stenhouse is a professor of Organizational Psychology at Vanguard University. In addition to teaching, Andrew previously served Vanguard University as Managing Director of the Judkins Institute for Leadership Studies, Director of the Organizational Leadership graduate program, and Dean of the School for Graduate and Professional Studies. With research interests that include disordered personalities in the workplace, career development, and employee engagement, Andrew frequently conducts workshops for businesses and non-profit communities, consults, and works with individual clients in private practice.



This program is valid for 1.25 PDCs for the SHRM-CPSM or SHRM-SCPSM



This program has been approved for 1.25 HR (General) recertification credit hours through the HR Certification Institute (HRCI). For more information about certification or recertification, please visit the HR Certification Institute homepage at www.hrci.org. The use of this seal confirms that this activity has met HR Certification Institute's[®] (HRCI[®]) criteria for recertification credit pre-approval.

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3:15 PM – 4:45 PM

AVALON 1

WORKSHOP: Cultures for Creativity: Facilitating Creativity and Innovation in Organizations.

Many organizations desire to innovate and be creative. Some spend significant amounts on hiring and developing “creative talent” only to be disappointed in the results. Using research findings, case studies, and group activities, this workshop will help participants outline a plan for facilitating creative organizational environments. Participants will also learn to recognize and avoid common pitfalls in developing creative organizations.

Participants will develop the following HR competencies:

- Organizational Effectiveness and Development
- Leadership and Navigation: Change
- Management
- Business Competencies: Consultation
- Relationships management



This program is valid for 1.25 PDCs for the SHRM-CPSM or SHRM-SCPSM.



Dr. Ludmila Praslova is a Professor and Director of Graduate Program in Organizational Psychology at Vanguard University. She has extensive research and applied experience in the areas of cultural dynamics in organizations, motivation, organizational citizenship, commitment, engagement, and intercultural relations. She developed highly reliable, valid, and brief instruments for measuring key aspects of organizational climate, including Innovation Climate and Excellence Climate. She is passionate about helping facilitate environments for sustainable innovation and creativity, particularly in knowledge-based organizations.



Dr. Roger Heuser Professor of Leadership Studies at Vanguard University, teaches a variety of leadership and religion courses in graduate and undergraduate programs. He is a consultant and retreat facilitator for congregations, nonprofits, and mission agencies as well as an adjunct professor at Fuller Theological Seminary, the Assemblies of God Theological Seminary, Northwest University, and other programs in Europe, Asia, and Latin America. Before beginning his teaching career, Roger served as a pastor for twelve years in the Chicago area. Roger has authored several books on leadership and spirituality, and serves as a consultant editor of the peer-reviewed journal, *Transformation: An International Dialogue on Mission and Ethics*.

3:15 PM – 4:45 PM

AVALON 3

PLAYSHOP: Powered by Purpose: Values Based Leadership and Organizational Effectiveness

Employment expectations are shifting; a global, technologically savvy, multi-generational workforce is redefining the workplace. Organizational culture is becoming a critical differentiator; the attractor factor for talent, clients and vendors. People are moving from a “paycheck only” approach to making purpose driven career decisions. Purpose is what defines and drives us. Embracing purpose energizes the individual and fuels organizational culture. When personal values align with organizational values, performance improves and community connectivity increases. During this highly interactive, hands-on playshop participants explore the impact and evolution of values based leadership and organizational success.



Judith Lukomski is the Founder and Chief Evolution Officer of Transitions Today[®] a values-based leadership development and culture consultancy. Cross-industry clients range from the Fortune 500 to start-ups and non-profits. She is dedicated to purpose driven solutions which enhance organizational engagement, performance and contribute to corporate social responsibility.

Committed to cultivating a culture of health in business and the community, Judith is the creator of Wise Women Lead with L.O.V.E[™] a life enrichment program. An advocate for workplace equality and closing the gender achievement gap she is also the Founding Co-President of the Orange County Chapter of the global Ellevote Network.

