

# VANGUARD UNIVERSITY

## QUICK FACTS SHEET

### WOMEN'S BASKETBALL - 2008-09

#### GENERAL

NAME OF SCHOOL *Vanguard University*  
 LOCATION *Costa Mesa, CA*  
 FOUNDED *1920* ENROLLMENT *1450*  
 STADIUM *The Pit* CAPACITY *1200*  
 NICKNAME *Lions*  
 SCHOOL COLORS *Navy Blue and Gold*  
 AFFILIATION *NAIA*  
 CONFERENCE *Golden State Athletic Conference*  
 PRESIDENT *Dr. Murray Dempster, PhD*  
 ALMA MATER, YR *University of Southern California '80*  
 ATH. DIRECTOR *Bob Wilson, MA, (14th Year)*  
 ALMA MATER, YR *Wyoming University '69*  
 ATH. DEPT. PHONE *(714)556-3610 Ext. 2305*  
 ASSOCIATE AD *Beth Renkoski, NSU '87, (6th Year)*  
 ASSOCIATE AD *Nolan Steputis, VUSC '06, (2nd Year)*

#### SPORTS INFORMATION

SPORTS INFO. DIR. *Beth Renkoski, (14th year)*  
 SID OFFICE PHONE *(714)556-3610 Ext. 2303*  
 SID OFFICE FAX *(714)668-6144*  
 SPORTS HOTLINE *(714)619-6600*  
 RADIO PHONE LINE *(714)556-3610, ext. 2398 or 2399*  
 MAILING ADDRESS *55 Fair Drive, Costa Mesa, CA 92626*  
 VU ATHLETIC WEBSITE [www.vanguard.edu/athletics/](http://www.vanguard.edu/athletics/)  
 VU LIVESTATS LINK [www.vanguard.edu/athletics/livestats/index.aspx](http://www.vanguard.edu/athletics/livestats/index.aspx)

#### TICKETING INFORMATION

ADMISSION: *Adults - \$5, Non-VU Students with ID - \$3, Under 6 - Free*  
*VU Faculty, Staff, Students, Administration Free with ID*  
 Group Admission: *Contact Sara McLain at [smclain@vanguard.edu](mailto:smclain@vanguard.edu)*  
 FREE PARKING *Limited on campus - See Campus Map*

*VU honors Vanguard passes for regular season HOME games  
 and only NAIA passes for all sports in regular and postseason play.*

#### ATHLETIC TRAINING

HEAD ATH. TRAINER *Darin Voigt, MS, ATC (4th year)*  
 ALMA MATER/YR *CPP '94*  
 OFFICE PHONE *(714)556-3610 Ext. 2390*  
 ATEP DIRECTOR *Dr. Terry Zeigler, Ed.D, ATC (24th year)*  
 ALMA MATER/YR *VUSC '83*  
 OFFICE PHONE *(714)556-3610 Ext. 2828*  
 ASST. ATH. TRAINER *Alise Juanes, MA, ATC (3rd year)*  
 ALMA MATER/YR *VUSC '04*  
 OFFICE PHONE *(714)556-3610 Ext. 2392*  
 ASST. ATH. TRAINER *Alice Loeb sack, MA, ATC (2nd year)*  
 ALMA MATER/YR *UWS '05*  
 OFFICE PHONE *(714)556-3610 Ext. 2391*

**AT ROOM HOURS OF OPERATION: 12pm - 6pm, Mon-Fri**

*The Athletic Training Room will open 2 hours prior to any home event and will be staffed by at least one certified athletic trainer.*

ATR FAX NUMBER *(714)662-5259*

#### CHAMPIONS OF CHARACTER PROGRAM CENTER

CONTACT *Bob Wilson - Program Director*  
 PHONE or E-MAIL *(714)556-3610, ext 2301 or [bwilson@vanguard.edu](mailto:bwilson@vanguard.edu)*  
**Joining the NAIA in "Changing the Culture of Sport"**  
 WEBSITE: [www.vanguard.edu/athletics/championsofcharacter/](http://www.vanguard.edu/athletics/championsofcharacter/)

#### COACHING STAFF

HEAD COACH *Russ Davis*  
 ALMA MATER, YR  
 VU RECORD (YRS), CAREER (YRS) *318-82 (12), 318-82 (12)*  
 E-MAIL ADDRESS [rdavis@vanguard.edu](mailto:rdavis@vanguard.edu)  
 BASKETBALL OFFICE PHONE *(714)556-3610, ext. 2310*  
 BEST TIME TO REACH COACH *mornings*  
 ASST. COACHES (ALMA MATER/YR/RESPONSIBILITIES)  
*Brian Roberts (1st year)*

#### TEAM INFORMATION

OVERALL RECORD LAST YEAR *29-5*  
 CONF. RECORD/FINISH *18-2/2nd*  
 NATIONAL RANKING LAST YEAR *4th, Final Rating 3/05/08*  
 STARTERS RETURNING/LOST *3/2*  
 LETTERWINNERS RETURN/LOST *6/3*

#### HISTORY

OVERALL ALL-TIME RECORD *467-287 (since 1985)*  
 NAIA TOURN. APPEARANCES *98, '99, '00, '02, '03, '04, '05, '06, '07, '08*  
 LAST POST-SEASON OPPONENT *Trevecca Nazarene (TN), 3/25/08*  
 RESULT *W 72-59, 2008 NAIA Div. I Championship*

#### MEDIA INFORMATION

LA TIMES - OC EDITION *(714)966-5904 PHONE*  
*(714)966-5663 FAX*  
[peter.yoon@latimes.com](mailto:peter.yoon@latimes.com)  
 Peter Yoon (213)237-6469  
 LA TIMES-MAIN EDITION *(800)528-4637 ext.77145 PHONE*  
*(213)237-7876 FAX*  
[sports@latimes.com](mailto:sports@latimes.com)  
 ASSOCIATED PRESS-LA *(213)626-1200 PHONE*  
*(213)346-0200 FAX*  
 ORANGE COUNTY DAILY PILOT *(714)966-4616 PHONE*  
 SPORTS CONTACTS: *(714)966-4668 FAX*

Steve Virgen [steve.virgen@latimes.com](mailto:steve.virgen@latimes.com)  
 Barry Faulkner [barry.faulkner@latimes.com](mailto:barry.faulkner@latimes.com)  
 Dave Thorpe [dave.thorpe@latimes.com](mailto:dave.thorpe@latimes.com)  
 ORANGE COUNTY REGISTER *(714)796-7804 PHONE*  
*(714)796-6765 FAX*  
[dbean@ocregister.com](mailto:dbean@ocregister.com)  
[current@register.com](mailto:current@register.com)  
[preps@ocregister.com](mailto:preps@ocregister.com)  
[sports@ocregister.com](mailto:sports@ocregister.com)  
 KOCE - TV *(714)842-5790 FAX*  
 Rick Mielke - Anchor/Reporter [rmielke@koce.org](mailto:rmielke@koce.org) *(714)861-4357*  
 Jack Gallagher - Assignment Desk *(714)861-4356*  
 COSTA MESA BREEZE *(714)445-6682 PHONE*  
*(714)445-6602 FAX*  
 TIME WARNER CABLE *(714)549-5820 PHONE*  
[bob.gibson@twcable.com](mailto:bob.gibson@twcable.com) *(714)641-2890 FAX*  
 NAIA - Sports Information *(816)595-8000 PHONE*  
 Chad Waller (816)595-8119 *(816)595-8200 FAX*  
[cwaller@naia.org](mailto:cwaller@naia.org)  
[naia.cstv.com/](http://naia.cstv.com/)

VICTORY SPORTS NETWORK [mail@victorysportsnetwork.com](mailto:mail@victorysportsnetwork.com)  
 CONTACT: Jason Dannelly *(308)383-1431 PHONE*  
 GSAC SPORTS INFO. DIRECTOR *(909)392-9225 PHONE*  
 CONTACT: Sheri Pine [spine@gsacsports.org](mailto:spine@gsacsports.org)  
 GSAC WEBSITE [www.gsacsports.org](http://www.gsacsports.org)

**VANGUARD UNIVERSITY  
TEAM INFORMATION  
WOMEN'S BASKETBALL - 2008-09**

**STARTERS RETURNING      2008 STATISTICS      COMMENTS      2008-09 SCHEDULE**

	Pos.	Ht.	Yr.	GP/GS	Points/Rebs/Assists per game		<b>Bold Denotes GSAC Games</b>			
Lauren Gregory	F	6-1	Sr.	34/30	12.8/4.8/.87	NAIA All-Tournament Team	10/30	Great Falls (MT)	A	6:00 PM
Sarah Boyd	G	5-4	So.	34/34	9.2/2.6/4.4	Freshman starter	10/31	Montana State - Northern	A	5:00 PM
Paige (Alexandra) Halberg	G	5-9	So.	34/24	2.3/2.1/1.9	Freshman starter	11/1	Rocky Mountain (MT)	MSUN	1:00 PM

**OTHER KEY RETURNERS**

Bridgette Reyes	G	5-7	Jr.	31/0	4.0/1.4/2.58	
Kelsey Carlson	G	5-11	So.	34/6	3.8/1.2/.3	
Molly Pfohl	F/C	6-0	So.	34/4	3.9/3.1/.2	
Jaclyn Blied	G	5-8	Jr.	5/1	4.4/1.6/.85	

**STARTERS LOST**

Jessica Richter	G	5-10	Sr.	34/33	19.1/7.6/2.1	GSAC POY, NAIA Tourn. MVP
Melissa Cook	F	6-0	Sr.	34/34	15.7/7.8/2.2	All-GSAC, NAIA All-America

**OTHER KEY LOSSES**

Lindsey Rinke	F	5-10	Sr.	34/2	8.6/4.1/.82	NAIAI Scholar-Athlete
Marissa Rivera	F/C	6-2	Jr.	2/2	Season-ending knee injury	Transferred

**KEY NEWCOMERS      COMMENTS      LAST SCHOOL**

Rachel Copeland	F	5-10	Jr.		All-Conference	Clackamas CC
Nondi Johnson	F	5-11	Jr.		4xHS All-League	CSU Long Beach
Diana Neves	G	5-7	Jr.		State and Conference Champ	Tusculum College
Joy Sterling	F	5-10	Jr.		All-League, All-CIF	University of Albany
Allison Burns	F	5-10	Fr.		League MVP	Esperanza HS
Veronica Beavor	G	5-5	Fr.		All-League	Orange Lutheran HS

12/28	Madonna (MI)	LV	6:00 PM
12/29-30	Day 2-3 LV Shootout	LV	TBA
1/3	The Master's	H	5:30 PM
1/6	Hope International	H	5:30 PM
1/8	Fresno Pacific	A	5:30 PM
1/13	San Diego Christian	A	5:30 PM
1/17	Azusa Pacific	H	5:30 PM
1/20	Concordia (CA)	A	5:30 PM
1/24	Westmont	H	5:30 PM
1/27	California Baptist	H	5:30 PM
1/31	The Master's	A	5:30 PM
2/3	Point Loma Nazarene	A	5:30 PM
2/7	Biola	H	5:30 PM
2/10	Hope International	A	5:30 PM
2/12	Fresno Pacific	H	5:30 PM
2/17	San Diego Christian	H	5:30 PM
2/21	Azusa Pacific	A	5:30 PM
2/24	Concordia (CA)	H	5:30 PM
2/28	Westmont	A	5:30 PM
3/2	California Baptist	A	5:30 PM
3/4,6,9	GSAC Tournament	TBA	7:30 PM
3/18-24	NAIA National Tournament	TN	TBA

All Home Games are played on campus at The Pit

**2008 GSAC Final Standings**

NAIA Rank	School	GSAC	Overall
3	Point Loma Nazarene	19-1	29-3
4	Vanguard	18-2	29-5
9	Azusa Pacific	16-4	24-8
19	Westmont	13-7	21-9
16	The Master's	11-9	21-12
	California Baptist	10-10	17-12
	Hope International	8-12	19-17
	Biola	6-14	9-22
	Concordia (CA)	4-16	10-20
	San Diego Christian	3-17	9-21
	Fresno Pacific	2-18	10-20

**2008-09 ALPHABETICAL PRESEASON ROSTER**

Veronica Beavor	G	5-5	Fr.		Costa Mesa, CA/Orange Lutheran HS
Jaclyn Blied	G	5-8	Jr.		Fullerton, CA/Troy High School
Sarah Boyd	G	5-4	So.		Oregon City, OR/Oregon City High School
Allison Burns	F	5-10	Fr.		Yorba Linda, CA/Esperanza High School
Kelsey Carlson	G	5-11	So.		Lino Lakes, MN/Concordia Academy
Rachel Copeland	F	5-10	Jr.		Dexter, OR/Clackamas CC
Lauren Gregory	F	6-1	Sr.		Bolivar, MO/Drury University
Paige (Alexandra) Halberg	G	5-9	So.		Oregon City, OR/Oregon City High School
Nondi Johnson	F	5-11	Jr.		Cathedral City, CA/CSU Long Beach
Diana Neves	G	5-7	Jr.		Gladstone, Australia/Tusculum College
Molly Pfohl	F/C	6-0	So.		Rolling Hills Estates, CA/Redondo Union HS
Bridgette Reyes	G	5-7	Jr.		Tustin, CA/Boise State University
Joy Sterling	F	5-10	Jr.		Granada Hills, CA/University of Albany

**1998, 99, 00, 03, 04, 05, 06, 07 GSAC CHAMPIONSHIPS**

**1998, 99, 00, 02, 03, 04, 05, 06, 07, 08 NAIA APPEARANCES**

**2003, 2006, 2007, 2008 NAIA FINAL FOUR**



**Home of the 2008 NAIA Division I  
Women's Basketball National Champions!**

**2008-09 SEASON OUTLOOK**

Earning a 72-59 victory over Trevecca Nazarene (TN) in the 2008 NAIA Division I Women's Basketball Championship game, the NAIA defending Champion Lions are preparing to defend Vanguard University's only National Championship. Losing three important seniors from last year, including NAIA Tournament MVP Jessica Richter, NAIA All-American Melissa Cook, and NAIA Scholar-Athlete Lindsey Rinke, the Lions will have big shoes to fill in order to defend the National Championship. The senior trio combined to score more than half of Vanguard's 80 points per game and grabbed nearly half of the team's average in rebounds. Although losing two starters from the championship team, the Lions return three others in senior Lauren Gregory, sophomore Sarah Boyd, and sophomore Paige Halberg. However, all three returning starters played their first season with the Lions last year and lack the type of veteran experience provided by the trio of Cook, Rinke, and Richter. Nonetheless, the Lions will need that type of leadership from Gregory, Boyd, and Halberg in order to succeed in 2008-09. Gregory and Boyd were third and fourth, respectively, in VU's scoring column a year ago and Gregory was named to the NAIA All-Tournament team at nationals. Gregory is one of six returning letterwinners and will be the only senior on a team that will have a completely different look with a handful of transfers and a couple of freshmen added to the roster. Junior Jaclyn Blied returns to the team and is joined by four other junior transfers who come to the Lions with two years of college experience and should contribute immediately. In addition, Coach Russ Davis picked up a pair of freshmen as well. The recruiting class was even stronger before September 20th when sophomore transfer Therese Riedel was injured in a swimming accident. Riedel, a 6'4" center from University of Idaho, broke her neck and will not wear a Lion uniform this season. Davis, the 2008 NAIA Coach of the Year, is hoping the Lions can succeed in 2008-09 on behalf of Riedel.

[www.vanguard.edu/athletics/wbasketball/](http://www.vanguard.edu/athletics/wbasketball/)

**Vanguard Women's Basketball 2007-08**  
**Vanguard Combined Team Statistics (as of Oct 05, 2008)**  
**All games**

<b>RECORD :</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL GAMES . . . . .</b>	<b>(29-5)</b>	<b>(11-1)</b>	<b>(10-2)</b>	<b>(8-2)</b>
<b>CONFERENCE . . . . .</b>	<b>(18-2)</b>	<b>(9-1)</b>	<b>(9-1)</b>	<b>(0-0)</b>
<b>NON-CONFERENCE . . . . .</b>	<b>(11-3)</b>	<b>(2-0)</b>	<b>(1-1)</b>	<b>(8-2)</b>

## Player	GP-GS	Min--Avg	---TOTAL---		---3-PTS---		---REBOUNDS---				PF	FO	A	TO	Blk	Stl	Pts	Avg	
			FG-FGA	Pct	3FG-FGA	Pct	FT-FTA	Pct	Off	Def									Tot
11 RICHTER, Jessica...	34-33	1150 33.8	237-487	.487	58-187	.310	118-162	.728	104	156	260	7.6	76	0	73	81	4	98	650 19.1
31 COOK, Melissa.....	34-34	1012 29.8	174-402	.433	67-176	.381	120-150	.800	80	184	264	7.8	83	3	75	53	12	57	535 15.7
21 RIVERA, Marissa....	2-2	57 28.5	8-20	.400	0-0	.000	10-12	.833	7	4	11	5.5	6	0	3	4	3	5	26 13.0
34 GREGORY, Lauren....	34-30	856 25.2	156-332	.470	26-79	.329	97-116	.836	54	110	164	4.8	93	2	30	51	7	41	435 12.8
04 BOYD, Sarah.....	34-34	888 26.1	101-238	.424	30-96	.313	80-109	.734	31	59	90	2.6	68	2	153	86	0	68	312 9.2
22 RINKE, Lindsey....	34-2	748 22.0	90-251	.359	40-131	.305	74-87	.851	67	73	140	4.1	52	0	26	43	4	30	294 8.6
14 BLIED, Jaclyn.....	5-1	76 15.2	7-22	.318	6-15	.400	2-2	1.000	3	5	8	1.6	5	0	4	4	1	3	22 4.4
24 REYES, Bridgette...	31-0	453 14.6	37-89	.416	10-31	.323	39-54	.722	10	34	44	1.4	18	0	80	34	8	24	123 4.0
32 PFOHL, Molly.....	34-4	448 13.2	51-116	.440	2-7	.286	28-44	.636	42	62	104	3.1	56	2	20	37	2	9	132 3.9
25 CARLSON, Kelsey....	34-6	426 12.5	44-135	.326	32-103	.311	10-13	.769	12	29	41	1.2	19	0	10	12	0	11	130 3.8
23 HALBERG, A. (Paige)	34-24	691 20.3	31-94	.330	2-16	.125	15-25	.600	27	46	73	2.1	29	0	64	36	12	28	79 2.3
TEAM,.....									56	67	123	3.6	1		12				
Total.....	34	6805	936-2186	.428	273-841	.325	593-774	.766	493	829	1322	38.9	506	9	538	453	53	374	2738 80.5
Opponents.....	34	6806	836-1982	.422	228-692	.329	314-464	.677	385	863	1248	36.7	672	-	499	716	65	197	2214 65.1

TEAM STATISTICS	VUSC	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND	
SCORING.....	2738	2214	%11/15/07	vs Lambuth TN	W	80-74	600	
Points per game.....	80.5	65.1	%11/16/07	vs Freed-Hardeman TN	L	83-85	800	
Scoring margin.....	+15.4	-	+11/23/07	at Holy Names	W	103-75	125	
FIELD GOALS-ATT.....	936-2186	836-1982	+11/24/07	vs Dominican	W	92-53	90	
Field goal pct.....	.428	.422	*11/27/07	at California Baptist	W	90-87	250	
3 POINT FG-ATT.....	273-841	228-692	*12/01/07	THE MASTER'S	W	92-64	243	
3-point FG pct.....	.325	.329	*12/05/07	FRESNO PACIFIC	W	95-30	170	
3-pt FG made per game..	8.0	6.7	12/29/07	vs Eastern Oregon	W	73-65	60	
FREE THROWS-ATT.....	593-774	314-464	12/30/07	vs Lee TN	L	92-98	60	
Free throw pct.....	.766	.677	*01/08/08	CONCORDIA	W	90-47	186	
REBOUNDS.....	1322	1248	*01/12/08	at Westmont	W	83-63	-	
Rebounds per game.....	38.9	36.7	*01/15/08	SAN DIEGO CHRISTIAN	W	70-44	186	
Rebounding margin.....	+2.2	-	*01/19/08	at Azusa Pacific	W	91-71	329	
ASSISTS.....	538	499	*01/22/08	at Point Loma Nazarene	L	65-86	450	
Assists per game.....	15.8	14.7	*01/26/08	BIOLA	W	86-57	394	
TURNOVERS.....	453	716	*01/31/08	HOPE INTERNATIONAL	W	73-72	130	
Turnovers per game.....	13.3	21.1	*02/02/08	at Fresno Pacific University	W	93-62	185	
Turnover margin.....	+7.7	-	*02/05/08	CALIFORNIA BAPTIST	W	74-68	155	
Assist/turnover ratio..	1.2	0.7	*02/09/08	at The Master's	W	74-64	-	
STEALS.....	374	197	*02/12/08	at Concordia (Calif.)	W	81-58	185	
Steals per game.....	11.0	5.8	*02/16/08	WESTMONT	W	79-61	185	
BLOCKS.....	53	65	*02/19/08	at San Diego Christian College	W	75-64	50	
Blocks per game.....	1.6	1.9	*02/23/08	AZUSA PACIFIC	W	65-51	305	
WINNING STREAK.....	5	-	*02/26/08	POINT LOMA NAZARENE	L	67-68	406	
Home win streak.....	2	-	*03/01/08	at Biola	W	91-75	300	
ATTENDANCE.....	2715	15546	*03/03/08	at Hope International	W	97-86	200	
Home games-Avg/Game....	12-226	12-217	!03/05/08	HOPE INTERNATIONAL	W	86-61	155	
Neutral site-Avg/Game..	-	10-1295	!03/07/08	CALIFORNIA BAPTIST	W	84-56	200	
SCORE BY PERIODS:	1st	2nd	Total	\$03/20/08	vs Cumberlands KY	W	75-62	-
-----	-----	-----	-----	\$03/21/08	vs Lambuth TN	W	70-67	3238
Vanguard.....	1336	1402	- 2738	\$03/22/08	vs Carroll MT	W	71-56	2820
Opponents.....	1040	1174	- 2214	\$03/24/08	vs Union TN	W	74-72	3515
				\$03/25/08	vs Trevecca Nazarene TN	W	72-59	1764

\* = GSAC Conference game  
% = Rotary Classic, TN  
+ = Holy Names Thanksgiving Classic  
! = GSAC Postseason Tournament  
\$ = NAIA National Tournament