

VANGUARD UNIVERSITY OF SOUTHERN CALIFORNIA

VANGUARD

WINTER 2005



Telling
Moms
They *Matter*

Lisa Espinoza-Johnson '02

Homecoming
2004 Highlights

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mission statement

Vanguard University of Southern California (VUSC), founded in 1920, is a Christian Comprehensive University of Liberal Arts and Professional Studies. At the heart of its mission, VU is committed to preparing students through an education marked by academic excellence and spiritual vitality for productive service in a variety of vocations and ministries that are matched to the marketplace of the 21st century.



in this issue

from the president



Few things are more exhilarating — or frightening — than changing directions in life. And yet as I read the stories in this issue of *Vanguard* magazine, I am reminded that the right kinds of changes can be golden opportunities for students, professors and alums to head in positive new directions.

Our cover story, about gifted humorist and author Lisa Espinoza-Johnson, tells her inspiring story of how she changed life goals in a moment of wrenching sacrifice — and how that change led to an unexpected and flourishing career as a speaker, writer and all-around encourager of moms.

In this issue we also meet students who experienced profound personal changes on Vanguard's first study abroad program. Many participants say the semester they spent studying in European capitals was one of the most important events in their lives. I think you'll agree that there are bound to be many significant, healthy life changes as a result of the program.

And we profile professor Larry McHargue, who has been a catalyst for change — and a source of inspiration — for so many students over the years. He talks about the major re-directions in his own life which led him to Vanguard, and about the field biology trips which helped make him, as one colleague puts it, "a Vanguard institution."

You'll also get news about homecoming, the progress of our sports teams, several of which are having outstanding seasons, and an update on our theater program, which received its highest honor ever from the Kennedy Center in Washington, D.C. As with every issue, this one also includes a full complement of Class Notes, alumni stories and more news.

Vanguard University is a crossroads where people acquire knowledge, form significant relationships and make some of their biggest life decisions. It is an honor for those of us who work here to be part of those re-directions. Read and enjoy!

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Humor ON THE HOME



Signs you may be a tuckered out mom in need of a pep talk ...

- » You just left the grocery store and told the checker, "Night-night" ...
- » Your wildest fantasy involves sleeping in, flossing, and going to the bathroom alone.
- » You're still distraught about Steve leaving Blue's Clues.
- » You refer to anything short of a skull fracture as an "owie."
- » Your last memory of true relaxation was your epidural.

By Lisa Espinoza-Johnson. Read more at www.candykissesmuddyhugs.com.

THE EFFRONT

Lisa Espinoza-Johnson wanted desperately to be an actress. But with her new book, the author-comedienne-songwriter is blazing a new career as an encourager of moms.

Lisa Espinoza-Johnson '02 is Erma Bombeck and Jeff Foxworthy rolled into one, with a U-shaped drawl that pegs her as a Texan.

“I could still live in a trailer house and be perfectly happy,” says the petite author-comedienne, referring to her trailer-home upbringing. “I love my family background. With me, what you see is what you get. I don’t know how to put on airs.”

With the release of her first book, *Days of Whine and Noses: Pep Talks For Tuckered-Out Moms* (Jossey-Bass, 2004), Espinoza-Johnson has become spokesmom for the frazzled class.

“My heart is to tell moms that wiping snot and bottoms all day matters,” the mother of four, ages 3 to 17, says. “Reading *Pat The Bunny* twenty times at night matters. Sure, there are days you think, ‘If I hear “mom” one more time I’m going to scream,’ but even on those days, mothering matters. I want to encourage moms, especially when they feel insignificant, that who they are and what they do is of the utmost significance.”

But Espinoza-Johnson didn’t always feel so sanguine about motherhood. Rather, she was a frustrated actress who felt she had missed her calling somewhere along the way.

She grew up an only child in Texas, where “every family event centered around something someone shot and deep fried,” like a deer, squirrel or rabbit, she says.

“I thought elegance was when my turquoise pantyhose matched my turquoise dress,” she says. The highlight of her week was watching Hee Haw while her mom checked her for ticks. If there were any, she bathed in Pine-Sol.

“You can see why I’m so sophisticated,” she says.

But in high school her acting talent won her awards and accolades. Colleges tried to recruit her to their drama departments. A fellow high school student predicted at the senior banquet that she would be the next Carol Burnett. But in trying to be true to her values, Lisa headed to Bible college instead. There she met Chip Espinoza-Johnson, and they were

engaged within three months and married after their freshman year. She was 18 and he was 20.

“At that point I was so young and oozing with naïveté that I told Chip, ‘Honey, all I want is to greet you with a kiss every night when you get home from work, cook your dinner, iron your shirts and be together every day for the rest of our lives,’” she says.

She switched her major from theater to biblical studies, devoting herself to being a pastor’s wife, which meant “you could play the piano and make banana pudding,” she says. “And you got big hair.” Then the newly-weds dropped out of school and moved to Alaska to be youth pastors, eventually coming to Southern California and to Newport-Mesa Christian Center.

Meanwhile, Lisa’s career as a mother motored along, while old acting ambitions nagged at her. To make it more of a challenge, she had no experience taking care of children — no siblings, no teenage babysitting jobs.

“I don’t think I ever uttered the words, ‘I want to be a mommy when I grow up,’” she says. “I just figured after we’d been married a few years it was the thing to do. I had no idea how to take care of children. They had to show me how to change a diaper in the hospital.”

Worse, her first son was colicky. At one point her friend remarked enthusiastically, “Don’t you just love being a mom?” Lisa said, “I’ll get back to you on that.”

At the same time, living near Hollywood fed her acting dreams.

“I just knew God had moved us to Orange County because it was so close to L.A.,” she says. “I thought my dream was coming true.”

She went to auditions and got good feedback from casting agents, but the big break never came. Before long, she was pregnant again. She got a call from her manager one day. “Do you want to be Snow White at Disneyland?” he asked “Can Snow White be eight months pregnant?” she replied.

Lisa Espinoza-Johnson, continued on page 4

“At that point I figured I had missed the boat,” she says. “I knew I was supposed to be famous, but obviously I was doing something wrong.”

After the birth of her third child, she found herself one day sobbing on the couch saying, “I thought by now I would be an established actress so I could change the world, and here I am nursing a baby and changing diapers. God, what am I supposed to be pursuing?”

God spoke to her heart, she says, and said, “Pursue me and enjoy your family and I’ll show you what to do next.” At that moment on the couch a transformation began to take place, inside and out. She prayed, “God, I’ve been holding onto this dream as long as I can remember. But I have to let it go if I’m going to enjoy my life and do what you have for me to do.”

“It was as if I’d pried open my fingers and said, ‘Here, God. You take it,’” she says.

Then she prayed, “God, birth your dream in me.”

She was suddenly free to enjoy motherhood. Shortly thereafter, a counselor from VU helped Lisa understand how to embrace the life she had and move beyond striving to fulfill others’ expectations.

Within weeks, career doors of a different sort started to open. She was asked to take over a moms’ playgroup which she and her team

transformed into a Mothers of Preschoolers (MOPS) group. It was “the most fulfilling thing in the world to see these moms come in and get encouragement and to develop leadership skills,” she says.

She recorded a CD of original songs for moms and was invited to speak at church and MOPS events. Soon she was speaking at

MOPS International events, secular conferences and retreats, honing her presentations into part comedy routines, part concerts — with songs like the Pooped On, Pooped Out Blues and The Vasectomy Song — and a powerful been-there-done-that message of encouragement.

At the same time, she enrolled in VU’s School for Professional Studies to finish her four-year degree. Husband Chip teaches organizational management at VU.

“I knew Vanguard was a great place to go,” she says. “Chip had graduated from there and grown so much and enjoyed his learning experience. I never thought I’d get a psychology degree, but I thought, it’ll be nice to know why I’m nuts.”

During her 18 months taking night courses, she discovered she was pregnant again. Through “morning, afternoon and evening” sickness and a swelling belly which barely fit in the desks, she attended classes until baby girl Charli was born. Lisa returned six weeks later to finish her degree. Her classmates gave her a baby shower.

“It was so invigorating to have an other-than-mother component to my life,” she says of Vanguard. “Every week I couldn’t wait to see my friends in class. We were like family, sharing prayer needs, education, the professors all made my time at Vanguard one of the most valuable seasons of my life. It fed into who I am, which is an integral part of what I write.”

laughing together, sweating statistics class together and challenging one another. We had such thought-provoking, inspiring discussions. The relationships, the encouragement, the



Espinoza-Johnson refueling at her Tuesday Bible study group (top); and with daughter Charli (right).



“I know the misery and discontent of trying to pursue the conventional notion of success; and I know the fulfillment and contentment of saying, it’s not about me, but about God.”

After graduating, Lisa began watching for what was next. She prayed, “God, my plate is rather full at the moment, but I still have a passion to encourage my fellow moms. Show me how to

Legacy of love and learning

Few VU professors have inspired more love — or more stories — than Larry McHargue, professor of botany and chair of the biology department.

“He’s an institution here,” says associate provost Dennis McNutt, a faculty colleague of McHargue’s for 35 years. “He is passionate about what it means to be a Christian thinker, theologian and scientist. He merges the two very well. I tell every student, you shouldn’t be able to graduate without a class with Larry McHargue. He is part of the Vanguard experience.”

Beyond the things that make McHargue instantly memorable — his two prosthetic legs, his astounding memory and the humorous anecdotes about him — McHargue has made his mark by sharing his love of life, of plants and of their Maker with students. With wit, warmth and an encyclopedic knowledge of botany, he has influenced generations.

“I really like the students,” McHargue says. “That’s what has kept a lot of us professors at Vanguard. . . . The field trips have brought me into closer association with students.”

That close association — often forged high in the Sierra Nevadas, or in Mexico on field biology trips — has produced strong bonds with students like Randy Bush ’76, a psychology major who went out of his way to take McHargue’s courses.

“I wanted to be tutored by him whether in world affairs or biology,” Bush says. For six years he was McHargue’s teaching assistant on field biology classes, planning the logistics — camping equipment and food — so McHargue could plan the lectures and coursework.

“Being with Larry has made me a better student, a better parent, a better husband,” Bush says. “He’s had a far-ranging impact on my life, and I don’t think I’d be alone in those kinds of statements. He truly cares for his students and his workmates. There’s not a false bone in his body. I have looked to him as a mentor, counselor, friend and teacher in various stages of life.”

McHargue was born in Alhambra in 1938, and was raised in South Pasadena. A congenital deformity led doctors to amputate his legs below the knee when he was very small, but it didn’t change his life, he says, thanks to his supportive parents who encouraged him to be active.

“If people go into self-pity because they lost a leg or something, they won’t get much sympathy from me for their self-pity,” he says. “There are certain things I can’t do, but they’re not much of a problem.”

His parents were not church-goers, but Larry’s friends in the Young Life club at high school convinced him to attend a Christian summer camp in Colorado. While sitting on his bunk



reading the book of Matthew one day, he “came under conviction.”

“God worked in me to make me understand the gospel,” he says.

With newfound faith in his heart, he returned to South Pasadena, where he still resides, and enrolled at a nominally Christian college. But he found that they were only open to vague talk about morality, and were antagonistic to the gospel itself.

“You couldn’t talk about sin or repentance,” he says. “They’d get upset if you did.”

Desperate for spiritual nourishment, he found an Orthodox Presbyterian church, and has been devoted to the denomination ever since. He met his future wife Lynne there in 1965, and they married in 1966.

He loved plants from a young age. Some of his first words were, “See the flowers.” At age five he grafted a geranium with Scotch tape. “It worked, too,” he says.

Larry McHargue, continued on page 6

In high school he pored over the Manual of California Plants. "I'm interested in plants' complexity," he says. "Metabolically they are more complex than animals ... The thing that impresses me more through the years is the intrinsic order within them, even below the molecular level. You have one level of order dependent on the other. There's nothing random in them. We may not know the purpose at times, but it's all there for a reason. That's one of the things I try to convey to students. In plants we see God's provision for all living things, but also their role in soil formation, conservation of soil, synthesis of oxygen, the whole series of things they do to fit into an eco-system and biosphere."

He earned a master's degree from CSULA, then enrolled at UC Irvine for his Ph.D. To gain teaching experience, he went to SCC, now Vanguard, and asked if they wanted anyone to teach botany. SCC had just decided to offer botany and administrators were praying for someone to come teach it. McHargue took that as a sign, began teaching, finished out his degree at UCI and became a full-time professor at VU in 1969.

"I felt I would have more academic freedom in a Christian school than a secular one," he says. "I could express my feelings and my faith could come out there. In addition, I perceived that I would be around people who were much more pleasant."

That year he started his now-famous field biology classes, taking a dozen or so students into the Sierra Nevadas during the summer and down to Mexico during what used to be the January mid-term session. He has led the class nearly every year since, prosthetic legs notwithstanding.

McNutt went on that first field trip as "a hanger-on, doing little projects for him." McHargue had him dive deep into a high-Sierra lake in search of plants. After the students were in bed, McHargue stayed up late dissecting plants under his microscope by the light of a Coleman lantern. At 1 a.m. he discovered something interesting and made McNutt rattle the tents so bleary-eyed students could get a midnight botany lesson.

"Anyone else would have been lynched, but people love Larry so much," says McNutt.

Cecil Miller '84, assistant provost, chair of the division of natural sciences and mathematics and former McHargue student, recalls being "completely overwhelmed" by McHargue's vast knowledge and personal warmth the first time they met.

"He was genuinely interested in me as a person, and took effort to get to know me," Miller says. "When he found out I was from Edmonton, Canada, he knew things about Edmonton that I didn't know."

On field trips with McHargue, they pulled off on the side of the

road, laid their bags on the sand, slept, woke up and went at it again.

"When he is marching through the mountains people have trouble keeping up with him," says Miller. "Students call him the Energizer Bunny. He often goes off trail looking for things he wants to show us. ... His rapport with the students has not changed. In one semester students fall in love with him."

One of the most popular anecdotes about McHargue is how a colleague returned from an ascent of Mt. Kilimanjaro in Tanzania with a photograph of a rare plant that only grows at 14,000 feet in elevation. The colleague slipped the slide into a faculty dinner slideshow to see if he could stump McHargue on the spot, but when it came on the screen McHargue immediately said, "That's such-and-such plant, which only grows at 14,000 feet on Mt. Kilimanjaro and one other place. Where did you get it?"

Of that story, McHargue says simply, "I probably got lucky. I had just read about it."

Others recall the time in Mexico

when he fooled a child by having a VU student pull his prosthetic leg off under his pants leg while McHargue screamed in fake agony.

Many more remember McHargue removing his legs and taking impromptu swims in mountain streams.

McHargue is retiring this year, and the campus will lose "one of the West Coast's leading experts on desert ecology," says Donald Lorange, chair of the chemistry department and a longtime colleague. But though McHargue is retiring from teaching, he isn't retiring from learning.


"The field is making phenomenal advances," McHargue says. "Plant breeding is growing at an extremely rapid rate. We still have huge numbers of plants that have not been described scientifically, especially in the tropics. There are rumors of yellow camellias and things like that."

He is proud to leave behind a science division that has grown from four faculty when he arrived to nine full-time members and a number of adjuncts.

But he won't miss the commute from South Pasadena which he has braved for 35 years. "The Chrysler corporation and Shell petroleum love me," he says.

The McHargues have three girls; all attended VU. Larry serves as a ruling elder in his church and continues writing papers on economic botany and attending "new crops" conferences.

And he's enjoying the classroom while he can.

"Larry loves the interaction with students, passing on knowledge to them and instilling a love for what he does," says Lorange. "He has turned more people on to biology, botany particularly, than anyone I can imagine." 



McHargue with a field biology class at Red Rock Canyon State Park north of Mojave in September 2000. "The field trips have brought me into closer association with students," he says.

CLASS Notes

Let us know what's going on with you! Email Colette Smith, director of alumni relations, at csmith@vanguard.edu, visit www.vanguard.edu/alumni or call 714-556-3610.

'40s

Mignon (Trontham '49) and Joe D. Wright '45 recently celebrated their fifty-fifth wedding anniversary with a two-month tour visiting friends and family across America in their motor home. Joe served as senior pastor of Calvary Temple in Modesto for 23 years. Since his retirement, the Wrights speak at camps, churches and special rallies. They have been blessed with one daughter and four sons of whom three are in full-time ministry with the Assemblies of God. They have 14 grandchildren and five great-grandchildren.

'50s

Dr. Jack and Juanita Chinn '53 make their home in Oroville. After 25 years of mission work in Haiti and Brazil, they are semi-retired. Dr. Chinn, at 87 years old, has written several books, including a self-published book of his own poetry and another on apologetics.

'60s

Ruth (Siegrist '66) and Robert "Bob" Bayley '65 are now in their third year at Trinity Presbyterian Church in Anchorage, where Bob serves as interim pastor and Ruth is a part-time interim assistant pastor. They recently celebrated 38 years of marriage. They have three grown children and one grandchild.

Grace "Gracie" Cloud '67 serves as director of children's ministry at Calvary Chapel in Murrieta and oversees the church's leadership conference.

Judy (Brookshire '62) and Bill Dropko '62 are pastors of Greenacres Christian Fellowship near Spokane. They love the ministry God has put them in and would enjoy a visit from any of their classmates.

Janice "Jannie" (Cunningham '63) Rogers and her husband Jim have served as missionaries in more than thirty nations. They continue to train young missionaries. Jannie also writes books and trains Christian writers. They have three grown sons, each married to a young woman from a different country (Brazil, France and Sweden), three grandchildren and another on the way.

'70s

Dr. Peter Kuzmic '71 has expanded his ministry in the Balkans between his U.S. office in

South Hamilton, Mass., and their European base in Croatia. His ministry continues to focus on shaping the worldview of post-Communist Eastern Europe through Christian education, evangelism and humanitarian service.

John '79 and Renee (Stearns '81) Michno are newly appointed missionaries to St. Petersburg, Russia. John retired from the U.S. Army Chaplaincy in 2003. John and Renee served as interim pastors of the International Christian Assembly in Kiev, Ukraine, from June 2003 to August 2004. They are scheduled to arrive in St. Petersburg in August and will plant an international church.

'80s

Connie (Brazell '89) and Tom Bohnert '89, '92 MA are missionaries focused on unreached people groups in the Himalayas. They live in Baguio City, Philippines, and work at the Asia Pacific Center for the Advancement of Leadership and Missions Training Center. Tom trains pastors and leaders while strategically targeting the least evangelized people. Connie assists with Asia Pacific Theological Seminary's on-line learning programs. They have three children, Michaela, 11, Joshua, 6, and Joseph, 3.

Joe McCarthy '89 and his wife Libby led a summer missions team from Bel Air Presbyterian Church to Zimbabwe last summer. The team worked with Lasting Impressions Wilderness Training youth camp and African Enterprise Foxfire evangelists.

Charlotte (Rosser '83) Hawkins was selected as one of *OC Family* magazine's "Top 10 Teachers of the Year." Hawkins is featured in the *OC Family* magazine's January 2005 issue.

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'90s

Kathie (Houting '92) and Bobby Bloom '94 live in Baltimore where Bobby is the director of marketing and global brand development for the Black & Decker Industrial Products Group. He is also responsible for the recently acquired Porter Cable and Delta power tools global marketing department. Kathie and Bobby have a son, Branden, 5.

Kristin (Fagiano '92) Calderwood and her husband Billy planted Aqueous Church in Santa Barbara near UCSB in the spring of 2004. They have three children, Jeremiah, 6, Emma, 4, and Bella, 2.

Christy (Cagle '97, '00 MS) and Chris Dell '97 reside in Anderson with their two boys,

Samuel, 2, and Micah, 10 months. Chris has been teaching high school math for seven years and is currently at Enterprise High School in Redding. Christy continues to work part-time for Family First Foster Care.

Melissa (Gibson '97) and Jonathan Finley '96, '99 MA live in Chino Hills. Jonathan works for Pacific Life while Melissa is a stay-at-home mom. They have one daughter, McKenna, 3.

David Markese '93 and his wife Marcy were married in 1999, and live in Atlanta. David is a staff attorney with the U.S. Court of Appeals for the Eleventh Circuit, and Marcy is a stay-at-home mom. Their daughter Grace Eva Markese was born June 8, 2004.

Paunel Muresan '95 has accepted a position as associate pastor of First Presbyterian Westminster. He lives in Yorba Linda with his wife Tatiana, his daughter Tasha, 15, and son Jean Paul, 9.

Dwayne Strivens '91 and his wife Rose have been married for three years and live in Costa Mesa. Dwayne works in the legal department of Ameriquest Mortgage. They expect their first child in April.

Joe Vahey '93 is a proud father of daughter Claire Nicole, 4.

Polly (Gifford '98) and Daniel Villarreal '00 have moved to a new home in Irvine. Polly teaches first grade in Fountain Valley. Daniel is a manager at Costco in Signal Hill.

Deanna Youngren '94 lives in the Ballard Neighborhood of Seattle and is in her sixth year as a middle school special education teacher for Seattle public schools. Active in her local teachers' union, she serves as a building representative for her fellow educators and has been elected two years in a row to represent the Seattle Education Association at state and national representative assemblies.

CAREER CHANGE LEADS TO PRESTIGIOUS PARTNERSHIP

Darren Cottriel '91 was aiming to be a junior high teacher, but during his last year at VU he began to consider law school. That career change has turned out well.

After earning his teaching credential at VU and teaching seventh grade in Riverside for a year, he re-set his course and headed to University of the Pacific, McGeorge School of Law, in Sacramento. After graduating in '96, he practiced at a Bay Area law firm, then moved to Pillsbury Winthrop LLP, which has 700 lawyers in sixteen offices in the U.S., London and Asia, and was recently named the sixth best law firm in the world. The firm focuses on capital markets and finance, global energy, litigation and technology.

Six years after joining Pillsbury, Cottriel was promoted to partner in the firm, a vote of confidence and an invitation to become a stakeholder and take on management responsibilities.

"I never dreamed I would be partner at Pillsbury Winthrop," he says. "God has been good to me and opened doors. To get this job, let alone advance, is beyond the dreams I had."

Cottriel's legal practice centers on litigation and pre-litigation business



disputes. He represents companies and financial institutions as plaintiff or defendant depending on the case. Much of his work is for real estate developers, design professionals, manufacturing and distribution companies, and financial institutions.

The benefits of working at a large firm, he says, are working for high-profile clients with complex issues and competitive cases.

"There is a lot of intellectual challenge in the cases I work on," he says. "That keeps the job interesting."

Although relatively few civil cases go to trial, Cottriel most enjoys arguing a motion or representing clients in court. Now he will manage a team of associates in handling a typical caseload of 12-15 cases. The job, he says, is "stressful, but rewarding and enjoyable."

Cottriel and his wife Kimberly (Petersen '94) have two sons and are adopting a baby girl from China. They live in Laguna Hills.

'00s

Jennifer (Bolger '01, '04 MS) Anderson and husband Aaron live in Santa Barbara. Jennifer is gaining hours towards MFT licensure as a therapist for Devereux, a residential treatment facility that treats children who are developmentally delayed and have emotional/behavioral disorders.

Marianne (Nichols '03) and Paul Bagai '02, '04 MTS recently moved to Northern California where Paul is a youth pastor. They are expecting their first child, a little girl, in February.

Angela Bearden '04 moved from Tustin to the south suburbs of Chicago to care for her mother.

Claire Friday '04 works at Vanguard University as the company manager in the theatre department. In the evenings, she is a production assistant for Opera Pacific's "Turandot," to premiere at the Orange County Performing Arts Center in November. Claire is also applying to graduate school for fall 2005.

Alicia (Pegg '02) and Brian O'Quinn 2000-2002 live in Medford, Ore. Brian is self-employed as a general contractor with Trinity Construction while Alicia stays at home with Wesley, their 18-month-old son. They are expecting another baby boy in early 2005.

Lisa (Sinsley '00) Phillips and her husband Ben live in Grand Terrace with their daughter Taylor, 2, and are expecting their second child in March. Lisa teaches first grade at Adams Elementary.

FUTURE VUSC ALUMNI

Natalie (Calvillo '99) and Phil Rodriguez have a new baby girl, Mya Rae, born February 29, 2004. After her maternity leave, Natalie returned to work for Standard Pacific Homes as an employee relations representative. The Rodriguez family makes their home in Placentia.

Sharon (Castanon '98) and **Steve Henning '00** have a new baby girl, Kaitlyn Grace, born October 29, 2004. She joins two older sisters, Taylor Rebecca, 5, and Kelsey Elena, 2. Steve teaches and coaches football at Bakersfield Christian High School.

Steven Hoskins '91 and wife Caia are proud of their growing family. In addition to Annagrail Grace, 6, and Mariel Joy, 4, Sage Steven was born ten months ago.

Brooke (Holland '94) Kaczor resides in O'Neill, Neb., and has just welcomed her second son Kaleb Andrew to the world on August 5, 2004. He joins his brother Nathan Andre. In addition to being a wife and mother, Brooke runs her own photography business.

Tina (Rieder '95) and **David Merry '95** reside in Cameron Park. Tina is a technical analyst at Intel, and David is a business analyst at Franklin Templeton. They were married in May 1999 and have two children, Matthew, 2 and a half, and Alexis who they welcomed into their family on September 18, 2004. She weighed 9 lbs. 11.6 oz.

Desiree (Turnbow '01) and James Hamilton welcomed Eleos Kaileiana Joscelyn on August 11, 2004. Their "Elly" weighed 9 lbs. 1 oz.

Elise (Loncosky '00) and **Ryan E. Williams '00** are excited about the birth of Benjamin Ryan on Sept. 7, 2004. Ryan works as an underwriter; Elise is a teacher.

JUST MARRIED

Greg Cracchiolo '89 and **Mie-ling Lin "Alice"** were married in November 2003. Greg is a certified software test engineer and has worked as a contractor software engineer in Fountain Valley for twelve years.

Andrea (Klein '03) and **Carlos Fernandez '03** were married August 5, 2004 at St. James

Episcopal Church in Pasadena. Carlos is in his second year as coordinator of chapel and worship ministries at Vanguard, and Andrea is teaching first grade at a private Christian elementary school in the Costa Mesa area.

Amy M. (Hughes '01) and **J. R. Riggs** were married September 25, 2004 at Needham Chapel and now reside in Corona. Amy finished her MA at Azusa Pacific University in January 2004 and teaches history at a middle school in Rialto.

Valerie Kubisak '04 and **Brandon D. Smith '03** live in Orange County. Brandon teaches at Vanguard and Cal State Fullerton and is working on his master's degree in mathematics.

Valerie is at Vanguard in the graduate education program attaining her secondary teaching credential for mathematics. The couple married on December 18, 2004.

Stacy (Mosier '03) married Gordon Winn on October 5, 2003 in Laguna Beach. They reside in Aliso Viejo.

Dawn (Murtagh '03) and **Jared Mandville '99** were married September 5, 2003. They recently moved to Phoenix where Jared is assistant men's basketball coach at Grand Canyon University.

ALUM HONORED FOR EXCELLENCE IN TEACHING

Gary McCullough '78, assistant professor of psychology at the University of Texas of the Permian Basin in Odessa, received the University of Texas Chancellor's Council Award for Teaching Excellence, which is given to one professor per campus per year.

McCullough was nominated by students to receive the award.

"I like the look in the eyes when someone gets it," McCullough says of teaching. "I get to teach fun classes like social psychology, political psychology, psychology and the law — interesting things I can get students applying to themselves."

McCullough's love of teaching began at Vanguard where he enrolled after leaving military service and "kind of drifting" for a while.

"I had a dead-end job. I didn't have a plan," he says.

He hoped to become a minister, but switched to psychology and decided to become a professor, with the encouragement of two VU professors.

"I really looked up to Fred Grieve and Vince Gil," he says. "They encouraged me and didn't think I was dreaming beyond what I was capable of doing when I told them I wanted to be a professor. They had a lot of influence on me."



He earned his master's degree and Ph. D. in psychology from the University of Kansas, then moved to west Texas to teach in 1991. After a stint in the mid-'90s as a private consultant, he came back to teaching in 2001.

"I lay out what readings we'll do, and when we get to class I make them do all the talking," he says. "The more talking they do, the more they figure it out, rather than me standing up front and droning on while they furiously try to copy notes. They think I'm a wonderful teacher when all I do is get out of the way."

McCullough also acquired a lifelong passion for basketball while at VU.

"I started hanging in the rafters at SCC screaming my lungs out 'til my voice was gone," he says. "I loved the basketball games there. I even broke my wrist playing intramural basketball."

The basketball games at UTPB, a school of 3,350, remind him of SCC, he says.

McCullough is married to Debra, a nurse practitioner.

Jaime Quijano '03 and Theresa were wed July 24, 2004, at their home church in Wilmington. Jaime teaches fifth grade at Wilmington Christian School and is a worship leader and choir director at Wilmington First A/G. Theresa, a student account specialist, is working toward her BA in psychology at Vanguard.

Andrew Richey '01 married Amanda Kent on November 20, 2004. Andrew works at Vanguard as a student account specialist and is doing graduate work at Fuller Theological Seminary. Amanda works as a geometry teacher at Calvary Chapel High School. The new couple hopes to return to the overseas mission field within a year.

IN MEMORY

Glenn Averyt '49 passed away August 7, 2004.

Tom Benvenuti '49 passed away November 20, 2004.

Brett Janzen '98 passed away November 6, 2004.

J. Bryant Jones '49 passed away in September 2003.

June (Cattron '45) Stayboldt passed away February 16, 2004.

Barbara (Forrest '46) Turner passed away November 4, 2004.

ALUM'S FITNESS BUSINESS FLOURISHES

Mark Roche '81, owner of Natural Health Sports Therapy clinics, takes a hands-on approach to physical therapy — and it has brought him clients ranging from Olympians to Major League Baseball players to extreme sports athletes.

Roche (pronounced ro-SHAY) and his staff of physical therapists, athletic trainers and massage therapists manipulate and massage muscles to bring the body back to a “neutral position” — that flexible, relaxed state when the body is no longer out of whack because of misuse or lack of exercise.

“Manual therapy is the opposite of the kind of workout where you throw up some bench presses, do some machines, get your arms real big, do some curls,” Roche says. “[With that method] you never get better as an athlete, though you might look better in a tank top.”

Over the years, Roche has worked on the top female X-Games athlete, Olympic women's volleyball players, an X-Games vertical skateboarder, downhill bicycle racers, and plenty of “normal people,” too.

“You've got to move it or lose it,” Roche says. “By the time I get some people, they have all these problems and no range of motion. We'll give them optimum range of motion wherever they're tight. Whether they're athletes, everyday



Joes or weekend warriors, we try to help them.”

His three shops in Newport Beach, Orange and Ladera Ranch have workout facilities where he trains high-level college and high school athletes to be more explosive in their physical performance.

“This is what I wanted to do, if I didn't make it in basketball,” he says. “I'm very lucky and blessed. I like my job. God has been good.”

Roche played basketball at VU, and played professionally in New Zealand, and in the Los Angeles pro summer league. His business facility is adorned with pictures of athletes he has helped.

His advice for amateurs: Have a lifetime sport like tennis, golf, running, basketball or biking to keep you motivated to exercise.

“It's hard to be into fitness for fitness' sake,” he says. “It gets boring. The bottom line is to be doing it for a purpose. And stay moving. That's the key.”

Mark Your Calendars!

HOMECOMING 2005
November 7 - 12

On-Location Education

Vanguard's first semester abroad program in its history sent 33 students to Europe on an academic and cultural odyssey. It was, say participants, "one of the best experiences of my life," the "capstone" to my education at Vanguard," and it "exceeded our expectations, and then some."

The 14-week learning tour was part classroom, part field trip, part cultural immersion in eight European capitals.

"This trip changed the way I view my education," says Kelly Leeper, a third-year business major. "I learned to love learning and to seek out knowledge for my own benefit, not just for a class assignment. I drew closer to God and grew socially and intellectually. It was the best thing to happen in my life."

The Vanguard University Europe Semester Program Abroad, or VESPA, was created and implemented by business professor Ed Westbrook and Warren Doody, assistant professor of English and theatre arts. VESPA breaks new ground for VU, which has in the past relied on Christian colleges' overseas programs.

"VESPA allowed us to shape the curriculum and itinerary so it matched Vanguard's educational philosophy, including the spiritual dimensions," Westbrook says. From a personal viewpoint, he calls the program one of the most rewarding semesters he has spent in education since he began teaching in 1976.

"It rekindled my curiosity for learning," he says.

Students from a variety of majors spent 1-3 weeks in Dublin, London, Paris, Prague, Vienna, Zurich, Tuscany and Rome. They stayed in hostels, learned the local culture and attended classes Tuesday through Thursday. They were given outside assignments to visit museums and historical sites relevant to the lesson, and on weekends they traveled where they chose by bus, train, tram, taxi and on foot.

"The kids were so eager to learn," says Westbrook. "We challenged them that this was an opportunity to spend a



VESPA students hold flags from a few of the countries they visited. "If every student had this experience it would change their perspective on life," says one.

semester learning and exploring. ... When you see the whole panorama of human experience and history, you get a depth in your understanding of history and culture. It adds layers you can't get any other way."

The academic focus changed in each city. In Dublin and London they studied Yeats, Joyce and Shakespeare, then saw a performance of "Much Ado About Nothing." In Zurich, a major financial capital, they studied finance, investment and money management with a panel of experts from universities and the business world.

In Florence, it was Machiavelli; and in Rome, director of the School for Professional Studies Paul Cox taught a highly regarded class on Christian thought, the Reformation and Renaissance.

"If every student had this experience it would change their perspective on life," says Christina Castro, a senior studying business administration. "I'm still realizing each day how I've changed because of this program."

In Rome they met with the U.S. ambassador to United Nations programs, who is in charge of hunger and crises. Afterward, several students said they wanted to spend a couple of years helping the poor.

"I think the Lord spoke to a lot of people about the direction of their life" on the trip, says Westbrook. Many participants point

VESPA, continued on page 12

to the spiritual benefits they gained.

“The men’s Bible study was one of the most rewarding things,” says Jonathan Pelanne, a junior in international business. “The testimonies and fellowship during those times were key factors that made it so successful for me. ... This was one of the best, if not the best, semesters I have had a Vanguard.”

Others say they were surprised by the relationships they built along the way.

“I knew I was going to make friends and build relationships, but I couldn’t have imagined what that really ended up meaning,” says student Castro. “It was an amazing trip because it was full of amazing people.”

Students cite different high points: visiting Versailles, camping in Ireland, swimming in Italy and studying business in Switzerland.

For Jason Tobin, a senior studying business administration,



The program encouraged on-site learning at places like the leaning Tower of Pisa in Italy.

visiting the concentration camp in Auschwitz brought home the “absolute terror” of the holocaust. Overall, the program gave him “the best three months of my life,” he says. “It changed my life and changed the way I see my education.”

Courtney Clark, a senior in English, says Paul Cox’s course on the Renaissance opened her eyes to how ideas shape history and the course of individual lives.

“I’ve come to a greater understanding of what drives society, and I see the importance of establishing my beliefs in Christ and living in such a way to shape history as well,” she says.

Jon Primrose, a junior in business administration, says the trip went “far beyond my expectations.

“I would encourage anyone to prayerfully consider this study abroad program because it matures you in all areas of your life,” he says. “It helps you see things about yourself, others and the world.”

Lisa Espinoza-Johnson *continued from page 4*

live that out in a way that fits with this season of my mothering.”

She submitted a few sample chapters to a publisher at the urging of her editor at *Christian Parenting Today*, for which Lisa writes a regular column, and within months she had inked a deal with Jossey-Bass, a division of Wiley, which publishes some of the hottest management books, including the *For Dummies* series. The book, *Days of Whine and Noses: Pep Talks For Tuckered-Out Moms*, contains thirty chapters on

subjects from grocery shopping with a toddler, to road trips with kids, to what it’s like to be up all night, “puked and pooped on.” The book is available at major retailers including select Target stores, Borders, Amazon.com and Barnes and Noble.

“I never in a billion years thought I’d publish a book,” she says. “But it’s perfect for this time in my life since I don’t have to be gone from my family to write. God honored my desire to encourage moms. He is so faithful to open doors with impeccable timing.”

Part of her motivation comes from the experience of losing her mother to lung cancer when she and Chip were newly married.

“Losing my own mom at such a young age has been a major signpost in pointing me toward this path,” she says. “There is

nobody like a mom. There will never be a hug, a touch, a smell like my mom’s. The love of a mom is so comforting. The warm fuzzies I got from my mom are the ones I get to give to my kids today.”

Now she pencils in book signings, speaking events and early-morning radio interviews on the family calendar. But she doesn’t let them get in the way of family life.

While being interviewed by a reporter, she answers the door (it’s the neighbor kids wanting to play), wipes dripping red Popsicle juice off her three-year-old’s face, cleans the kitchen, picks up her son at school, and answers questions over the dog’s barking.

She also enjoys a side career as a sign language interpreter, interpreting concerts for Martina McBride, Diamond Rio, Amy Grant, Steve Curtis Chapman and Elton John when he played the Hollywood Bowl.

Conveying another artist’s mood and message is “cathartic and therapeutic,” she says.

And she’s already at work on a second book.

“Success is when I enjoy God and my family and watch for what God has next,” she says. “I know the misery and discontent of trying to pursue the conventional notion of success; and I know the fulfillment and contentment of saying, it’s not about me, but about God. ... If you want to do something because you need to, you won’t be fulfilled. I needed to be an actress to fulfill the expectations of everybody who grew up with me. I needed it for self-esteem. Now I don’t need it. I do what I do because I have a passion for it. My first love is my family.”



THEATRE PROGRAM CHOSEN TO COMPETE AT TOP FESTIVAL

VU's theatre program was invited to showcase a play at the Kennedy Center American College Theater Festival regional competition in Phoenix, a major endorsement from the nation's most prestigious collegiate theatre organization.

"This is the highest honor we've had by far," says Susan Berkompas, director of the theatre program. "We were pretty shocked. I'm thrilled that the students' work is being acknowledged. They are competing with top-notch university programs."

The Kennedy Center competition sets the standard for all other competitions, and also acts as a festival which includes summer theatre auditions and workshops taught by high-profile professionals. VU's "Lion In Winter" play from spring 2004 was one of six plays chosen by adjudicators from among 165 plays in the region. The cast and crew will perform the play several times at the festival in early February. One play from among the six regional nominees will be invited to compete nationally at the Kennedy Center in Washington, D.C.

"We spent all last week doing nothing but preparing," says David Pecoraro, VU's production manager and lighting designer. "I'm figuring out how to rebuild the sets, costumes, put lights together, transportation, everything to make it a reality by Feb. 7. There's such an excitement about it. It's been a labor of love and a great challenge."

At the same time, the theatre program will still put on six full shows at VU, plus a student showcase week.

This is the third year VU has entered plays in the Kennedy Center competition.

VANGUARD MBA SERVES ORANGE COUNTY BUSINESS COMMUNITY

As part of a continuing commitment to serve the business community in Orange County, Vanguard University is now offering an MBA program for the fully



VU's production of "Lion in Winter" was chosen to compete at the Kennedy Center festival in Phoenix.

employed business professional. The MBA can be completed in 20 months and is designed for those who manage people and budgets in a business context.

"This comprehensive MBA provides thorough, real-world preparation for the needs of the business community," says William Larson, director of VU's graduate program in business. "Our goal is to fully prepare present and future managers for the world of commerce with a program that provides a premier education directed to achieving operational efficiencies, while openly embracing the virtues of faith. Such integration provides the ideal opportunity to cultivate business leaders who will be salt and light through their ethical, skilled leadership, serving stakeholders and society at large with excellence."

Larson has been at the forefront of graduate business education for nearly 25 years. At Pepperdine University's Graziadio School of Business and Management he served in virtually every level of administration including that of dean, and helped build Pepperdine's MBA program into one of the most successful in the world.

VU's 50-unit MBA will meet two nights a week and on limited weekends. Courses will be taught on a three-terms-a-year schedule, and qualifying students may enter the program at the beginning of each term.

"Vanguard has been training leaders since 1920, and this academically rigorous MBA builds on that history," says Richard Schulz, one of the architects of the MBA's academic program. "The curriculum is broad-based, and students will receive a strong education in finance, accounting, marketing, strategic planning, global diversity, management, leadership and decision-making."

"Those interested should now begin the application process in order to secure entrance into this MBA program," says Rina Campbell, director of graduate admissions. She notes the continued demand in the Orange County business community for graduates of high-quality MBA programs.

For more information about VU's MBA program, call or email Campbell at 714-556-3610, or gradadmissions@vanguard.edu.

STUDENTS CELEBRATE HOMECOMING WITH RALLY, CROWNINGS

VU students, alums, parents and faculty came out for the first annual Pit Pride Rally on Nov. 10, immediately following the alumni basketball games.

The rally celebrated athletes in each VU sport, with particular emphasis on basketball. Skits, songs and entertainment were provided by the Barbershop Quartet

On Campus, continued on page 16

Homecoming

Hundreds of alums returned in November for a “Go for Gold”-themed homecoming week marked by a diversity of events and a celebration of Vanguard’s “champions of character.”

At the first-ever Athletic Hall of Fame inductions on Nov. 12, former men’s basketball coach Bill Reynolds was inducted for establishing himself as one of the winningest coaches in the NAIA during his seventeen seasons. Gretchen (Brandt ’98) Clements, a softball pitcher, was honored for leading her team to an overall record of 163-81-1. Elaine (Whittemore ’98) Foytik, the first female basketball player at SCC to be selected GSAC Player of the Year and the all-time second leading scorer (1,235 points), was inducted, as was Calvin Holsinger, who helped SCC develop the “Vanguard” mascot and influenced the future name and identity of the college. Finally, the 1958-1959 football



Linnie Claypool Olson '45 received the 2004 career achievement award



H. Keith Ewing art show



Vanguard's first annual alumni and friends golf tournament



VU's Barbershop Quartet at President's Luncheon

2004



Golden alumni celebrate at the President's Luncheon



Alumni board member Geoff Youd '99 with future VU alum Ryan Youd

team was honored for its spectacular undefeated season in which the team, spearheaded by Bill Severn and David Tanner, won each game by at least 42 points.

On Thursday evening, several hundred people came out for the first art show of its kind in VU's history, featuring the work of H. Keith Ewing, VU's artist-in-residence. Fifty-two paintings, pastels and portraits were on display in the second floor of the Heath building. Guests enjoyed refreshments and music provided by a string quartet.

The alumni association presented awards at the President's Luncheon on Nov. 13. The award for Outstanding Young Professional went to popular Los Angeles radio interviewer Larry Mantle '79. The Career Achievement award went to missionary-musician Linnie Claypool Olson '45. The Distinguished Service award was given to Wayne Tesch MTS '95, director of Royal Family Kids Camps, the nation's leading network of camps for abused and neglected children. The Alumni of the Year award went to Phil Robinette '64, former chair of the sociology and anthropology department.

Rounding out these signature events were an alumni-faculty softball game, the alumni basketball games, the young alumni dinner and a chapel with provost Russ Spittler.

"Homecoming 2004 was a great success," says Colette Smith, director of alumni relations. "We celebrated VU's champions of character, had a lot of new attendees, and enjoyed the excitement and enthusiasm everyone had for the events and for seeing each other again."



Athletic Hall of Famer Gretchen (Brandt '98) Clements

Alumni vs. faculty/staff softball game



1958-1959 football team was inducted into the Athletic Hall of Fame

and the Delivery Boys and Entourage between team presentations.

“The gym was packed,” says organizer Vanessa Mendez, a junior. “People love to come support athletics. The event set a new standard for pep rallies.”

Each sports team captain spoke about their team’s season, and some went further and put on a song and dance routine. Brittney Phariss, a junior, hosted the midnight madness-style event, which ran to 11:30 p.m.

During the evening the alumni association offered a \$1,000 scholarship to a student, chosen by raffle, if she made a half-court shot. The student missed the shot, but not by much.

Then the homecoming court was announced. Nominees for prince and princess were introduced, and the princes and princesses were crowned and received flowers. The king and queen nominees were announced, but the winning pair wasn’t revealed until Saturday night’s homecoming game.

Finally, in a darkened gymnasium, the basketball teams were introduced as people in the audience cheered and held aloft the free glow sticks provided by the organizers. The athletes were introduced NBA-style and ran from the locker room into the spotlight. The teams talked about their upcoming seasons, then competed in a timed three-point shooting contest which the men won.

“The goal of the rally was to establish a tradition and to recognize every sport and congratulate them on their hard work,” says Mendez.

STUDENTS LEAD FASTING AND PRAYER EVENTS

Thirty VU students took part in a national 40-day fast leading up to November’s presidential election. The on-campus prayer event was spearheaded by Stephen Grindle, a junior, who led daily prayer meetings on campus. Some students fasted breakfast, others meats or dairy products. Hosea 14:1 was their

theme verse, “Return, O Israel, to the Lord your God” (NIV).

“Not only did we feel like we accomplished something in the spiritual realm, but we built relationships,” says Grindle. “We had times of individual prayer, small group prayer and corporate prayer where we prayed for Vanguard, Costa Mesa and America. We prayed that America would turn back to God, beginning with us; and we prayed that God would anoint whoever was to become our president.”

The fast was called by James Dobson and other national leaders who felt the nation was at a turning point, Grindle says. He believes the work of prayer isn’t finished.

“This is just the beginning of what God wants to do in America,” Grindle says.

Also this November, students held their third Converge prayer gathering at Newport-Mesa Christian Center, drawing students from Biola University, Azusa Pacific University, Christian Heritage College and Life Pacific College. After a barbecue, worship bands from three of the schools played and students prayed together.

“Converge is important because it promotes one purpose: to bring unity to God’s faith community with college students,” says VU ASB president Chris Ortega. “Students from each school met,

worshiped and prayed with each other — something we rarely get to do.”

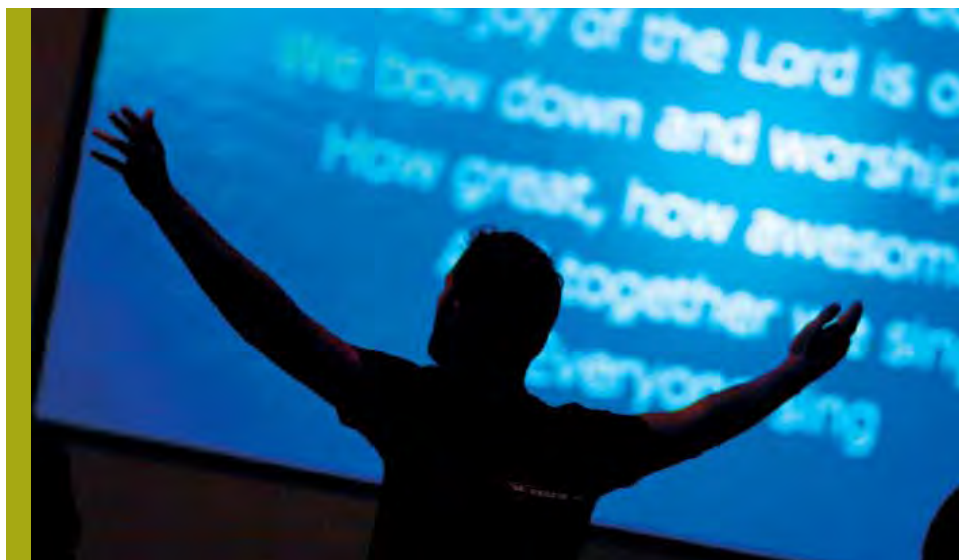
Students and faculty members led in times of reflection and Communion.

CONFERENCE PROMOTES PARTNERSHIP BETWEEN HISPANIC, NON-HISPANIC CHURCHES

VU’s Center for Urban Studies and Hispanic Leadership hosted the Vision Hispano Americana conference in early October to help A/G ministers meet what organizers called “the Hispanic Challenge.”

The conference raised awareness about the growing, multi-faceted and increasingly influential Hispanic community in the Southwest, and encouraged collaboration and strategic planning between the Southern California District of the A/G and the Southern Pacific Latin American District.

“It was a pioneering event,” says Richard Larson, director of Hispanic ministries for the Southern California district. “The challenge of reaching the exploding Hispanic culture in America is unbelievable. We have more Hispanics in the Los Angeles basin than any country



Converge and other campus-based prayer events show students’ continued desire to pray and worship together in unity.

in Central America. It's a legitimate mission field."

VU president Murray Dempster opened the conference, and Jesse Miranda, director of the Center for Urban Studies and Hispanic Leadership at Vanguard University, and other leaders spoke on church planting, church revitalization and how to break down communication barriers between English- and Spanish-speaking churches.

"We were trying to unite two districts with one purpose: to reach souls for Christ and to learn from each other," says Raul Castro, assistant superintendent of the Southern Pacific Latin American district. "It was all excellent — the workshops, teachers, facilities, food, music. We wanted to equip people on both sides."

"You could sense the presence of God resting over that conference," says David Godwin, who coordinates ethnic church planting for the Southern California district. "When brothers come together in agreement, something special happens. There was a spirit of unanimity, openness and love."

Participants call the conference a first step, and say they will continue the dialogue and collaboration between the districts and local churches.

VU PRESIDENT, FOUNDATION MEMBERS MAKE MAGAZINE 'HOT' LISTS

OC Metro magazine's Hot 25 list named VU Foundation Board member Barry Meguiar among the hottest people in Orange County, alongside the CEO of El Pollo Loco, Saddleback Church pastor Rick Warren and Mickey Mouse.

"Irvine-based Meguiar's is a multi-million dollar international enterprise, with offices in 12 countries and products sold in 92," the magazine wrote. "Just this year, Meguiar's was named the leading overall brand in the surface-care products category. It's a phenomenal achievement for this David among the Goliaths of competitors that include Clorox, Shell and Valvoline."

In a separate list, VU president Murray Dempster was named the 58th most influential person in Newport-Mesa on the *Daily Pilot* newspaper's DP 103 — ahead of basketball star Karl Malone and congressman Chris Cox. Also on the list were Vanguard Foundation Board members Jeff Teller (#11), president of Orange County Marketplace, and Del Heintz (#69), Comcast's vice president for government affairs. The *Pilot* list identifies people who "contribute in big ways" and have "influence that expands beyond their own sphere."

VU ASSISTANT PROF'S MOVIE MAKES FILM FESTIVAL

Mark Steensland, assistant professor of cinema and digital broadcast media, decided to make a short film under the same rules he gives to his students. The result, *Haunted*, a two-and-a-half minute Twilight Zone-like story with a surprise ending, made it into a Halloween film festival in Florida.



"I am a firm believer that to be relevant, credible and believable, especially in my field, I have to do what I tell my students to do," Steensland says. "It was extra validation to have someone out of the blue want to use it."

He shot the short on digital video with the help of VU students. His rules: keep it brief and don't use dialogue.

"Film is a visual medium, and [films with no dialogue] can enter international film festivals without [the added inconvenience and expense of] sub-

titling," he says.

He uploaded *Haunted* to triggerstreet.com, a site run by actor Kevin Spacey which is an outlet for short films. A film buff in Florida who puts on a Halloween film festival asked if he could show it.

That's gratifying to Steensland because "if you aren't being watched or heard, it's only half the equation," he says.

Steensland, who has taught at VU since 2001, won a Christopher award for a documentary about feeding the homeless, and has been making movies since 1979.

ATHLETIC TRAINING PROGRAM GIVES FREE TAPING WORKSHOP

Twenty students in VU's Athletic Training Education Program (ATEP) helped give an athletic taping workshop at the Association for Christian Schools International (ACSI) Convention at the Anaheim Convention Center Nov. 23.

"Christian schools often do not have the resources to have a certified athletic trainer on staff to assist their athletes when they get hurt," says Terry Zeigler, VU's ATEP director. "Because of this, we decided as a program to provide an opportunity for Christian coaches to come to a workshop

and learn how to use athletic tape as protective/supportive help for their athletes."

Zeigler and the students taught ACSI coaches and attendees how to tape ankles and knees, and how to use ace bandages for support. This is the third year they have provided the free workshop. Each athletic training student was assigned two or three coaches to work with during the workshop.

VU was the first private university in California to receive national accreditation for its athletic training program.



SPORTS

WOMEN'S BASKETBALL LEADS CONFERENCE

The team is having one of its best seasons, with a record of 13-1 overall and 4-0 in conference play. The Lions are ranked #2 in the country and beat Oklahoma City, NAIA's dominant team, and knocked off previously unbeaten Point Loma.

"We've had good, solid play," says coach Russ Davis, who earned his 200th win as a coach and is #3 among active coaches in the NAIA in winning percentage, with a career record of 208-70.

The Lions are averaging 94 points per game, and giving up only 50. In the past two and a half years the team is 45-5 in conference play.

"We're the team to beat and everybody is hunting for us," says Davis.

Lisa Faulkner leads the NAIA in assists with 13 per game. Sophomore Kelly Schmidt and senior Lacey Mills each surpassed 1,000 career points this season. Also, the team has maintained an average GPA of 3.6.

The crucial second half of the season includes 16 conference games.



Senior Lisa Faulkner (top) and freshman Melissa Cook (left).



Junior Brian Kim.

MEN'S BASKETBALL LOOKS TO BREAK OUT

Men's basketball is holding its own against the strongest conference in memory. They beat Biola, ranked #13 in the country, and surprised Lubbock Christian, also ranked in the top 20. The Lions' overall record is 7-6, and 2-2 in conference.

"Six teams have the opportunity to win the conference, and we're one of them," says coach Bob Wilson. "It's all about who plays well in January and February."

He calls it the second strongest team VU has had in a decade, and says they have improved their inside strength.

CROSS COUNTRY OUTPERFORMS AT NATIONALS

The women's team qualified for nationals for the first time in school history and finished 19th overall at the meet in Louisville, Ky., beating six teams which had beaten the Lions in the regular season.

"It was nice to come out on the winning end against those opponents," says coach Bryan Wilkins.

Jenny Thune finished 29th overall at nationals, making All-American — only the second All-American in the history of VU's program. (The other was Sherri Hall in 1990.)

Laura Bowman, Liz Huipe and Thune made All-GSAC, the most for a VU cross country team since 1991. The women won

the Cal Lutheran Invitational in Thousand Oaks, competing against eight other teams.

On the men's side, junior Matt Meyer had a phenomenal season, pushing his best 8K time to 25:15, which ranks second in VU's all-time standings.

VOLLEYBALL MAKES REGIONALS

The volleyball team went to regionals for the first time in years, losing to Fresno Pacific and Concordia.

"It was great volleyball," says coach Erikka Gulbranson. "It was the first time we've been in a long time, so it was exciting to play in a championship setting."

Earlier, the Lions beat The Master's College twice, Azusa Pacific twice, Biola and Point Loma, after not beating any of those teams for at least four years.

The Biola game was particularly memorable. The Lions won in the fifth game, 15-13, earning a spot in regionals and sending Biola home for the season.

"It was an amazing match," says Gulbranson. "The intensity and emotion

were like a national championship."

VU hasn't beaten Biola in at least 8 years.

"The milestones we reached this year, we haven't touched in the past three years," says Gulbranson. "We were ranked twice in the top 25."

Middle blockers Jaclyn Lee and Sonrisa Peace, and setter Marissa Cotheran led the team.

MEN'S SOCCER FINISHES BEST SEASON EVER

The team was the best in VU's soccer history, going 16-5, and winning their first GSAC championship with a 9-1 record.

"We had great team chemistry," says coach Randy Dodge '94. "It was the deepest team VU has ever had. When we made a substitution, there was no drop-off."

The men won the last game of the season against rival Biola, with 400 people on hand at VU's home field to see the sudden death victory in second overtime. At regionals, the Lions beat #16-ranked Fresno Pacific, who were national finalists last year.

The Lions lost to #3 Azusa Pacific in the regional semi-finals, and ended up #11 in the NAIA.

"Being an alum, I'm very proud of the program and where it's come in the last three years," says Dodge. "The players believed in what we were doing."

Matt Hess wound up his extraordinary career with 86 goals, a fourth NAIA All-America Honorable Mention award, a second NAIA Scholar-Athlete award, and was selected GSAC Men's Soccer Player of the Year.

WOMEN'S SOCCER REBUILDS AMIDST EARLY INJURIES

Women's soccer finished 7-9-2 after suffering early injuries and having a young team.

"We didn't do as well as we hoped, but we have a great future ahead of us," says coach Kerry Crooks. "We competed well with the top teams."

Kim Becher and Stacia Hoover made All-GSAC.



➤ **Thursday, February 17
@ Fresno Pacific**

➤ **Tuesday, February 22
@ Cal Baptist**

Join fellow alums and the Vanguard Alumni Relations team as we gather together and cheer on the Vanguard Lion basketball teams in a city near you...

For more information, call the Vanguard alumni office at (714) 966-5494 or visit www.vanguard.edu/alumni

VUSC • SCC • SCBC • SCBS – Four Names, One Great University

VU Calendar Winter 2005

MEN'S BASKETBALL

DATE	DAY	OPPONENT	SITE	TIME
Mar. 1	Tues.	Azusa Pacific University	Away	7:30PM
Mar. 3, 5, 8	Thurs-Sat.	GSAC Tournament	TBA	TBA
Mar. 16-22	Wed.-Tues.	NAIA Men's Basketball Championships	Away	TBA

WOMEN'S BASKETBALL

DATE	DAY	OPPONENT	SITE	TIME
Mar. 1	Tues.	Azusa Pacific University	Away	5:30PM
Mar. 3, 5, 8	Thurs-Sat.	GSAC Tournament	TBA	TBA
Mar.16-22	Wed.-Tues.	NAIA Women's Basketball Championships	Away	TBA

BASEBALL

DATE	DAY	OPPONENT	SITE	TIME
Mar. 2	Wed.	Dakota Wesleyan Univ. -SD	Home	2:30PM
Mar. 4	Fri.	The Master's College	Away	2:30PM
Mar. 5	Sat.	The Master's College	Home	11:00AM
Mar. 11	Fri.	Azusa Pacific University	Home	2:30PM
Mar. 12	Sat.	Azusa Pacific University	Away	11:00AM
Mar. 14	Mon.	Illinois Institute of Tech.	Home	1:00PM
Mar. 18	Fri.	Bethany College	Home	11:00AM
Mar. 24	Thurs.	Whitworth College - WA	Home	12:00PM
Apr. 1	Fri.	Westmont College	Away	2:30PM
Apr. 2	Sat.	Westmont College	Home	12:00PM
Apr. 5	Tues.	California Baptist University	Away	3:00PM
Apr. 8	Fri.	Biola University	Home	3:00PM
Apr. 9	Sat.	Biola University	Away	12:00PM
Apr. 15	Fri.	Concordia University	Away	3:00PM

SOFTBALL

DATE	DAY	OPPONENT	SITE	TIME
Mar. 5	Sat.	Point Loma Nazarene University	Away	12:00PM
Mar. 8	Tues.	Biola University	Home	1:30PM
Mar. 9	Wed.	CSU Dominguez Hills	Home	1:30PM
Mar. 12	Sat.	Azusa Pacific University	Home	12:00PM
Mar. 14	Mon.	Bethany College, CA	Away	1:00PM
Mar. 15	Tues.	Patten University	Away	12:00PM
Mar. 18	Fri.	Savannah College of Art & Design, GA	Home	12:00PM
Mar. 19	Sat.	Whitworth College, WA	Home	12:00PM
Mar. 22	Tues.	Columbia College, MO	Home	1:30PM
Mar. 24	Thurs.	Northwest Nazarene Univ., ID	Home	1:30PM
Mar. 31	Thurs.	California Baptist University	Home	1:30PM
Apr. 2	Sat.	Concordia University, CA	Home	12:00PM
Apr. 5	Tues.	Hope International University	Away	2:00PM
Apr. 9	Sat.	Biola University	Away	12:00PM
Apr. 12	Tues.	Azusa Pacific University	Away	3:00PM

TRACK & FIELD

DATE	DAY	OPPONENT	SITE	TIME
Mar. 3-5	Wed-Sat.	NAIA Indoor Nationals	Johnson City, TN	10AM
Mar. 12	Sat.	Ben Brown Invitational	Cal State Fullerton	10AM
Mar. 18	Fri.	Oxy Distance Carnival	Occidental, L.A.	5PM
Mar. 19	Sat.	CSU Northridge Invite	Cal State Northridge	10AM
Mar. 26	Sat.	UCSD Open	UC San Diego	10AM
Apr. 2	Sat.	Point Loma Invite	Point Loma	10AM
Apr. 8	Fri.	Vanguard/OCC Open	Orange Coast College	11AM
Apr. 14-15	Thurs.-Fri.	Mt. SAC Invitational	Mt. SAC	TBA
Apr. 15	Fri.	Pomona-Pitzer Invitational	Pomona College	10AM

MEN'S TENNIS

DATE	DAY	OPPONENT	SITE	TIME
Feb. 12	Sat.	Hope International University	Home	10:00AM
Feb. 16	Wed.	Alliant International University	Home	1:30PM
Feb. 19	Sat.	U.C. Riverside	Away	1:00PM
Feb. 22	Tues.	Univ. of Calgary-Alberta	Home	1:00PM
Feb. 25	Tues.	Azusa Pacific University	Home	2:30PM
Feb. 26	Sat.	Point Loma Nazarene Univ.	Away	3:00PM
Feb. 28	Mon.	Green Mountain College - VT	Home	2:00PM
Mar 3	Thurs.	Westmont College	Away	2:00PM
Mar. 10	Thurs.	Hope International Univ.	Away	3:00PM
Mar. 15	Tues.	Lewis-Clark State College-ID	Home	1:00PM
Mar. 17	Thurs.	Amherst College-MA	Home	2:00PM
Mar. 19	Mon.	College of Santa Fe-NM	Home	2:00PM
Mar. 21	Mon.	Middlebury College-VT	Home	2:00PM
Mar. 22	Tues.	Point Loma Nazarene Univ.	Home	2:00PM

Mar. 28	Mon.	University of West Florida	Away	2:00PM
Mar. 30	Wed.	Auburn University at Montgomery-AL	AUM	1:00PM
Mar. 31	Thurs.	Lindsey Wilson College-KY	AUM	9:00AM
Apr. 1-3	Fri.-Sun.	Auburn Univ. at Montgomery-Tournament	AUM	TBA
Apr. 6	Wed.	Westmont College	Home	2:00PM
Apr. 8	Fri.	Azusa Pacific University	Away	1:30PM
Apr. 11	Mon.	Cal Poly Pomona	Home	2:00PM
Apr. 12	Tues.	Alliant International Univ.	Home	1:30PM

WOMEN'S TENNIS

DATE	DAY	OPPONENT	SITE	TIME
Feb. 5	Sat.	Westmont College	Home	11:00AM
Feb. 8	Tues.	California Baptist University	Away	2:00PM
Feb. 12	Sat.	Hope International University	Home	10:00AM
Feb. 12	Sat.	California Lutheran University	Home	4:00PM
Feb. 15	Tues.	The Master's College	Away	2:00PM
Feb. 16	Wed.	Alliant International University	Home	1:30PM
Feb. 22	Tues.	University of Calgary-Alberta	Home	2:00PM
Feb. 24	Thurs.	Biola University	Home	2:00PM
Feb. 25	Fri.	Azusa Pacific University	Home	2:30PM
Feb. 26	Sat.	Point Loma Nazarene University	Away	1:00PM
Mar. 3	Thurs.	Westmont College	Away	12:00PM
Mar. 4	Fri.	Biola University	Away	2:00PM
Mar. 8	Tues.	Hope International University	Away	3:00PM
Mar. 12	Sat.	California Baptist University	Home	11:00AM
Mar. 15	Tues.	Lewis-Clark State College, ID	Home	12:00PM
Mar. 19	Sat.	The Master's College	Home	11:00AM
Mar. 21	Mon.	Pacific Lutheran University-WA	Home	2:00PM
Mar. 22	Tues.	Point Loma Nazarene University	Home	1:00PM
Mar. 28	Mon.	University of West Florida	Away	2:00PM
Mar. 30	Wed.	Auburn University at Montgomery - AL	Away	1:00PM
Mar. 31	Thurs.	Lindsey Wilson College-KY	AUM	9:00AM
Mar. 31	Thurs.	Brenau University-GA	AUM	1:00PM
Apr.1-3	Fri.-Sun.	Auburn Univ. at Montgomery-Tournament	Away	TBA
Apr. 8	Fri.	Azusa Pacific University	Away	1:30PM
Apr. 11	Mon.	Cal Poly Pomona	Home	2:00PM
Apr. 12	Tues.	Alliant International University	Home	1:30PM

THEATRE

THREE SISTERS

March 4-6, 10-13

8:00PM Thursdays - Saturdays

2:00PM Saturday and Sunday Matinees (except March 5)

INTO THE WOODS

April 15-17, 21-24

8:00PM Thursdays - Saturdays

2:00PM Saturday and Sunday Matinees

MUSIC

CONCERT CHOIR & ORCHESTRA

Mar. 6

St Andrews Presbyterian Church (Newport Beach) - 8:30/10:15AM

Mar. 13-20

SPRING TOUR - Arizona/Nevada

Mar. 25

Anaheim Prayer Breakfast (Anaheim) - 7:00AM

Mar. 28

District Council (Anaheim) - 6:30PM

April 7 & 9

Beethoven 9th Symphony (TBA) - 7:00PM

April 21

Spring Instrumental Concert (TBA) - 7:00PM

WOMEN'S CHORUS

Feb. 27

First Assembly of God (Indio) -10:30AM

April 3

First Christian Church of Orange (Orange) - 10:00AM

Visit www.vanguard.edu
for complete calendar listings

Editor's note: Vanguard magazine's column, Postcards, features an essay by a different alum in each issue.



SHARING THE LESSONS I LEARNED



by Steve Graner

I heard it time and again: “Look at the text, take it apart, and think of what Jesus is saying, and why. What did He say to them in their context, and what does it mean to you today?” My professors’ insistence on using both “head and heart” bore fruit in me. I continue to believe that truth must be known and lived out in integrity on all levels: personal and corporate, in all socioeconomic strata of society. And Jesus must be seen in my character, attitudes and reactions every day.

Vanguard gave me an on-going discipleship experience in the classroom and in practice. My professors encouraged me and other students to understand the reasons and motives for living the way we did. They encouraged us to pray, to join in outreaches, to appreciate other liturgies, to be a responsible citizen. They carried this approach to such far-reaching disciplines as the study of plant life to evaluating the civil dissent and antiwar rallies of that era. Academics at Vanguard was not dry or

secreted away in an ivory tower. We were taught to live in excellence in everything we did, and challenged to love and laugh, to dream for God and commit our lives to a loving heavenly Father.

Some of us — like fellow student Jim Ortiz and I — went beyond outreaches and planted churches as well. We spent many precious hours helping local Teen Challenge ministries.

We all played practical jokes on each other, too. I laughed even when they were on me. I was in a wheelchair at the time, and a friend would push me fast, then suddenly stop and set my back on the pavement and feet in the air. During those times staring at the Costa Mesa sky, I personally confirmed that God was my healer even when He didn’t do it at my beck and call and though His timeframe was different than mine. (Two years later He did heal me.)

When I look at the preparation I received for life — from my wonderful family, a dynamic local church, Royal Rangers and youth ministry — Vanguard stands out among them. Our Vanguard friends continue to enrich my life. They pray, encourage and support my wife Judy (Bartel) Graner '67 and me in our missionary work. God has seen fit to use us in evangelism, discipleship and church planting in cities, towns and tribal villages in Colombia and in leadership training throughout Latin America. After all these years we are still excited about each ministry door He opens.

I am thankful to God for the education He supplied through accessible professors and fellow students at Vanguard. The lessons have served me well. And what I learned — mainly that it’s all about Jesus — I now pass on to others.

Steve Graner '75 is a missionary to Colombia.



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